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"""CircuitPython Essentials Servo continuous rotation servo example"""
import time
import board
import pwmio
from adafruit_motor import servo

# create a PWMOut object on Pin A1.
pwm = pwmio.PWMOut(board.A1, frequency=50)

# Create a servo object, my_servo.
my_servo = servo.ContinuousServo(pwm)

while True:
    print("forward")
    my_servo.throttle = -0.125
    time.sleep(60.0)
    print("reverse")
    my_servo.throttle = 0.125
    time.sleep(60.0)
    print("stop")
    my_servo.throttle = 0.0
    break
```