

INDEX.HTML

```
<!DOCTYPE html>
<html lang="en">
<head>
<meta charset="UTF-8">
<title>Hope for Parkinson's | 2026 Official Site</title>
<meta name="viewport" content="width=device-width, initial-scale=1.0">
<link href="https://fonts.googleapis.com" rel="stylesheet">
<link rel="stylesheet" href="https://cdnjs.cloudflare.com">
<style>
:root { --purple: #5a2ea6; --pink: #f48fb1; --dark: #333; --light: #f4f4f4; }
body { font-family: 'Roboto', sans-serif; margin: 0; background: var(--light); color: var(--dark);
line-height: 1.8; }
h1, h2, h3 { font-family: 'Montserrat', sans-serif; color: var(--purple); margin-top: 0; }
header { background: var(--purple); position: sticky; top: 0; z-index: 1000; box-shadow: 0 4px
10px rgba(0,0,0,0.15); }
.navbar { display: flex; justify-content: space-between; align-items: center; padding: 1rem 5%;
color: #fff; }
.nav-links { list-style: none; display: flex; gap: 30px; margin: 0; padding: 0; }
.nav-links a { color: #fff; font-weight: bold; text-decoration: none; font-size: 0.95rem;
border-bottom: 2px solid transparent; transition: 0.3s; }
.nav-links a:hover { border-color: var(--pink); color: var(--pink); }
.hero { height: 90vh; display: flex; align-items: center; justify-content: center; text-align: center;
color: #fff; background: linear-gradient(rgba(90,46,166,0.85), rgba(90,46,166,0.85)),
url('https://images.unsplash.com') center/cover; padding: 0 10%; }
.hero-content h1 { color: #fff; font-size: 4.5rem; line-height: 1.1; margin-bottom: 20px; }
.hero-content p { font-size: 1.5rem; margin-bottom: 40px; font-weight: 300; }
.button { background: var(--pink); color: #fff; padding: 18px 45px; border-radius: 50px;
font-weight: 700; text-decoration: none; font-size: 1.1rem; box-shadow: 0 10px 20px
rgba(244,143,177,0.4); transition: 0.3s; display: inline-block; }
.button:hover { background: #ec407a; transform: translateY(-3px); }
.section { max-width: 1200px; margin: auto; padding: 100px 5%; }
.grid { display: grid; grid-template-columns: repeat(auto-fit, minmax(300px, 1fr)); gap: 40px;
margin-top: 50px; }
.info-box { background: #fff; padding: 40px; border-radius: 15px; box-shadow: 0 15px 35px
rgba(0,0,0,0.05); text-align: left; }
.info-box i { font-size: 2.5rem; color: var(--pink); margin-bottom: 20px; }
.stats-bar { background: var(--purple); color: #fff; padding: 60px 5%; display: flex;
justify-content: space-around; flex-wrap: wrap; text-align: center; }
.stat-item h2 { color: var(--pink); font-size: 3.5rem; margin-bottom: 5px; }
.stat-item p { font-size: 1.1rem; text-transform: uppercase; letter-spacing: 1px; }
.full-width-text { background: #fff; padding: 80px 10%; line-height: 2; font-size: 1.1rem; }
footer { background: var(--dark); color: #fff; text-align: center; padding: 50px 5%; font-size:
0.9rem; }
```

```

    @media (max-width: 768px) { .hero-content h1 { font-size: 2.5rem; } .navbar { flex-direction:
column; gap: 15px; } }
</style>
</head>
<body>
<header>
  <nav class="navbar">
    <div class="logo"><i class="fas fa-hand-holding-heart"></i> <strong>HOPE FOR
PARKINSON'S</strong></div>
    <ul class="nav-links">
      <li><a href="index.html">HOME</a></li>
      <li><a href="about.html">ABOUT PD</a></li>
      <li><a href="symptoms.html">SYMPTOMS & PAIN</a></li>
      <li><a href="programs.html">OUR PROGRAMS</a></li>
      <li><a href="contact.html">CONTACT US</a></li>
    </ul>
  </nav>
</header>
<section class="hero">
  <div class="hero-content">
    <h1>Transforming the Future of Parkinson's</h1>
    <p>Empowering 10 million people worldwide with 2026's most advanced support
systems.</p>
    <a class="button" href="about.html">Explore Our 2026 Strategy</a>
  </div>
</section>
<section class="stats-bar">
  <div class="stat-item"><h2>1.1M</h2><p>Patients Supported</p></div>
  <div class="stat-item"><h2>$40M</h2><p>Grant Funding 2026</p></div>
  <div class="stat-item"><h2>150+</h2><p>Active Clinical Trials</p></div>
  <div class="stat-item"><h2>24/7</h2><p>Global Helpline Access</p></div>
</section>
<section class="section">
  <h2 style="text-align: center; font-size: 2.5rem;">Leading the Charge Against
Neurodegeneration</h2>
  <div class="grid">
    <div class="info-box">
      <i class="fas fa-dna"></i>
      <h3>Precision Research</h3>
      <p>In 2026, we are pivoting toward genetic-specific treatments. By funding research into the
LRRK2 and GBA1 genes, we are moving beyond symptom management toward true
disease-modifying therapies that stop cell loss in its tracks.</p>
    </div>
    <div class="info-box">

```

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<i class="fas fa-users"></i>
<h3>Global Community</h3>
<p>Isolation is the enemy. Our network connects thousands of patients through secure
2026-standard peer-mentoring platforms, ensuring that whether you are in a major city or a rural
town, you have a community that understands.</p>
</div>
<div class="info-box">
  <i class="fas fa-stethoscope"></i>
  <h3>Advanced Advocacy</h3>
  <p>We work directly with healthcare systems in 2026 to ensure that Parkinson's Specialists
are accessible within 30 days of initial symptom onset. Early intervention is the primary factor in
long-term independence.</p>
</div>
</div>
</section>
<section class="full-width-text">
  <h2 style="text-align: center;">Our 2026 Vision Statement</h2>
  <p>For over a decade, Hope for Parkinson's has served as a beacon for those navigating the
complexities of neurological decline. In 2026, our focus has expanded into the digital frontier.
We recognize that the burden of Parkinson's is not just physical—it is financial, emotional, and
social. As the fastest-growing neurological condition globally, Parkinson's demands a response
that is as relentless as the disease itself. Our mission is to bridge the gap between high-level
laboratory research and the daily reality of the patient. We believe in a world where a diagnosis
is no longer a sentence of limitation, but a call to action supported by the best technology and
the warmest hearts.</p>
  <p>Current projections for 2026 suggest that over 166,000 people in the UK and nearly 1.2
million in the US are living with this condition. These are not just numbers; they are parents,
professionals, and friends. We provide the infrastructure for their resilience. From our 24-hour
crisis lines to our innovative "Living Well" workshops, we ensure that every person touched by
PD has a roadmap for the future.</p>
</section>
<footer>
  <div style="margin-bottom: 20px;">
    <a href="#" style="color:#fff; margin:0 15px;"><i class="fab fa-facebook-f"></i></a>
    <a href="#" style="color:#fff; margin:0 15px;"><i class="fab fa-twitter"></i></a>
    <a href="#" style="color:#fff; margin:0 15px;"><i class="fab fa-linkedin-in"></i></a>
    <a href="#" style="color:#fff; margin:0 15px;"><i class="fab fa-instagram"></i></a>
  </div>
  <p>© 2026 Hope for Parkinson's International. All Rights Reserved. <br>
Registered Charity No. 12345678. Supporting the World Health Organization's 2022-2031
Global Action Plan on Epilepsy and Other Neurological Disorders.</p>
</footer>
</body>
</html>
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</body>
</html>
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ABOUT.HTML

```
<!DOCTYPE html>
<html lang="en">
<head>
<meta charset="UTF-8">
<title>About Parkinson's | Clinical Overview 2026</title>
<meta name="viewport" content="width=device-width, initial-scale=1.0">
<link href="https://fonts.googleapis.com" rel="stylesheet">
<link rel="stylesheet" href="https://cdnjs.cloudflare.com">
<style>
:root { --purple: #5a2ea6; --pink: #f48fb1; --dark: #333; --light: #f4f4f4; }
body { font-family: 'Roboto', sans-serif; margin: 0; background: var(--light); color: var(--dark);
line-height: 1.8; }
h1, h2, h3 { font-family: 'Montserrat', sans-serif; color: var(--purple); }
header { background: var(--purple); box-shadow: 0 4px 10px rgba(0,0,0,0.1); }
.navbar { display: flex; justify-content: space-between; align-items: center; padding: 1rem 5%;
color: #fff; }
.nav-links { list-style: none; display: flex; gap: 30px; }
.nav-links a { color: #fff; font-weight: bold; text-decoration: none; font-size: 0.95rem; }
.page-header { background: var(--purple); color: #fff; padding: 80px 10%; text-align: center; }
.content-section { max-width: 1100px; margin: auto; padding: 60px 5%; background: #fff;
margin-top: -40px; border-radius: 20px; box-shadow: 0 20px 40px rgba(0,0,0,0.1); }
.data-grid { display: grid; grid-template-columns: 1fr 1fr; gap: 40px; margin: 40px 0; }
.data-card { background: var(--light); padding: 30px; border-radius: 12px; border-left: 5px solid
var(--pink); }
.detailed-text { columns: 2; column-gap: 50px; margin-bottom: 50px; }
table { width: 100%; border-collapse: collapse; margin: 30px 0; }
th, td { padding: 15px; border-bottom: 1px solid #ddd; text-align: left; }
th { background: var(--purple); color: #fff; }
footer { background: var(--dark); color: #fff; text-align: center; padding: 40px 5%; margin-top:
60px; }
</style>
</head>
<body>
<header>
<nav class="navbar">
<div class="logo"><strong>HOPE FOR PARKINSON'S</strong></div>
<ul class="nav-links">
<li><a href="index.html">HOME</a></li>
<li><a href="about.html">ABOUT PD</a></li>
```

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<li><a href="symptoms.html">SYMPTOMS & PAIN</a></li>
<li><a href="programs.html">OUR PROGRAMS</a></li>
<li><a href="contact.html">CONTACT US</a></li>
</ul>
</nav>
</header>
<div class="page-header">
  <h1>Inside the Brain: Understanding PD in 2026</h1>
  <p>Bridging the gap between molecular biology and patient experience.</p>
</div>
<section class="content-section">
  <h2>The Pathophysiology of Parkinson's</h2>
  <div class="detailed-text">
    <p>Parkinson's Disease (PD) is fundamentally a disorder of the nervous system that affects movement. By 2026, our understanding has shifted significantly from seeing it purely as a "movement disorder" to recognizing it as a systemic condition involving the gut-brain axis, the immune system, and mitochondrial health. At the cellular level, PD is characterized by the progressive loss of dopaminergic neurons in the substantia nigra, a critical structure in the midbrain responsible for motor control and reward-seeking behavior.</p>
    <p>As these neurons die, dopamine levels drop, leading to the "shaking" and "stiffness" traditionally associated with the disease. However, the accumulation of misfolded alpha-synuclein proteins, known as Lewy bodies, is now understood to be the primary driver of disease progression. In 2026, research focuses on how these proteins spread like "prions" from cell to cell, with new diagnostic tools like the Synuclein-Seed Amplification Assay (SAA) allowing us to detect the disease years before a single tremor appears.</p>
  </div>
  <h3>2026 Global Statistics & Trends</h3>
  <div class="data-grid">
    <div class="data-card">
      <h4>Prevalence Increases</h4>
      <p>As of January 2026, PD is the fastest-growing neurological condition globally. In high-income countries, the number of cases has risen by 25% over the last decade due to aging populations and environmental exposures to pesticides like paraquat.</p>
    </div>
    <div class="data-card">
      <h4>Young-Onset PD (YOPD)</h4>
      <p>We are seeing a disturbing trend: approximately 10% of new 2026 diagnoses are for individuals under the age of 50. This creates a unique set of challenges regarding employment stability, childcare, and long-term financial planning.</p>
    </div>
  </div>
  <table>
    <tr><th>Metric</th><th>2021 Data</th><th>2026 Projections</th></tr>
    <tr><td>Global Case Count</td><td>8.5 Million</td><td>11.8 Million</td></tr>
```

Research Funding (Global)	\$1.2 Billion	\$2.8 Billion
Average Life Expectancy Post-Diagnosis (with early intervention)	15-20 Years	Near Normal
Accessibility to Specialists	40% Population	65% Population

Looking Toward the 2026 Cure

Is there a cure in 2026? While a "silver bullet" remains elusive, we have reached what scientists call "functional cures." New gene therapy trials involving AB-1005 have shown the ability to "re-program" the brain to produce its own dopamine again. Simultaneously, 2026 marks the widespread adoption of "closed-loop" Deep Brain Stimulation (DBS) devices that use AI to monitor brain waves in real-time and provide stimulation only when needed. This reduces side effects like speech difficulty and gait freezing, allowing patients to maintain high levels of independence for decades.

Our organization remains committed to funding the final hurdles of these trials. We believe that by 2030, Parkinson's will move from a terminal progressive disease to a manageable chronic condition, much like diabetes became in the previous century.

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symptoms.html

<!DOCTYPE html>

<html lang="en">

<head>

<meta charset="UTF-8">

<title>Symptoms & Pain | Modern Management 2026</title>

<meta name="viewport" content="width=device-width, initial-scale=1.0">

<link href="https://fonts.googleapis.com" rel="stylesheet">

<link rel="stylesheet" href="https://cdnjs.cloudflare.com">

<style>

```
:root { --purple: #5a2ea6; --pink: #f48fb1; --dark: #333; --light: #f4f4f4; }
body { font-family: 'Roboto', sans-serif; margin: 0; background: var(--light); color: var(--dark);
line-height: 1.8; }
h1, h2, h3 { font-family: 'Montserrat', sans-serif; color: var(--purple); }
header { background: var(--purple); padding: 1rem 5%; color: #fff; }
.navbar { display: flex; justify-content: space-between; align-items: center; }
.nav-links { list-style: none; display: flex; gap: 20px; }
.nav-links a { color: #fff; text-decoration: none; font-weight: bold; }
.main-content { max-width: 1200px; margin: auto; padding: 60px 5%; }
```

```

.symptom-card { background: #fff; margin-bottom: 30px; padding: 40px; border-radius: 15px;
box-shadow: 0 10px 30px rgba(0,0,0,0.05); display: flex; gap: 30px; align-items: flex-start;
border-right: 10px solid var(--purple); }
.symptom-card i { font-size: 3rem; color: var(--pink); flex-shrink: 0; }
.pain-scale { background: var(--purple); color: #fff; padding: 50px; border-radius: 20px;
margin-top: 50px; }
.sidebar-data { border-left: 2px solid var(--pink); padding-left: 20px; margin-top: 40px; }
.highlight-box { background: #fff; border: 2px dashed var(--pink); padding: 25px; margin: 20px
0; border-radius: 10px; }
footer { background: var(--dark); color: #fff; text-align: center; padding: 40px; margin-top:
100px; }
</style>
</head>
<body>
<header>
<nav class="navbar">
<div><strong>HOPE FOR PARKINSON'S</strong></div>
<ul class="nav-links">
<li><a href="index.html">HOME</a></li>
<li><a href="about.html">ABOUT PD</a></li>
<li><a href="symptoms.html">SYMPTOMS & PAIN</a></li>
<li><a href="programs.html">OUR PROGRAMS</a></li>
<li><a href="contact.html">CONTACT US</a></li>
</ul>
</nav>
</header>
<div class="main-content">
<h1 style="font-size: 3rem; margin-bottom: 40px; text-align: center;">Advanced Symptom
Intelligence</h1>
<p style="text-align: center; font-size: 1.2rem; max-width: 800px; margin: auto; margin-bottom:
60px;">Recognizing Parkinson's beyond the tremor. In 2026, we categorize over 40 distinct
motor and non-motor symptoms to create hyper-personalized care plans.</p>

<div class="symptom-card">
<i class="fas fa-brain"></i>
<div>
<h3>The "Hidden" Non-Motor Symptoms</h3>
<p>Often occurring 10–15 years before motor issues, these "prodromal" symptoms include
loss of smell (hyposmia), chronic constipation, and REM Sleep Behavior Disorder (acting out
dreams). In 2026, these are no longer seen as side issues; they are understood to be the
primary indicator of alpha-synuclein spread in the gut and brainstem. Understanding these early
can lead to neuroprotective therapies that preserve dopamine-producing cells.</p>
</div>
</div>

```

<i class="fas fa-wave-square"></i>

Motor Fluctuations & "Off" Time

For those on long-term levodopa therapy, 2026 brings new challenges and solutions for "Off" periods—times when medication stops working before the next dose. Symptoms include a return of tremors, gait freezing, and dystonia. Our 2026 advocacy focuses on the approval of 24-hour continuous subcutaneous pump therapies (like Vyalev) that provide a steady flow of medication, virtually eliminating the debilitating "rollercoaster" of motor fluctuations.

2026 Clinical Insight: Did you know that "Freezing of Gait" (FoG) is now manageable through 2026 laser-cueing shoes? These devices project a red line on the floor to help the brain bypass the motor block, allowing for fluid walking.

The 2026 Parkinson's Pain Management Protocol

Pain affects over 85% of people with Parkinson's, yet it remains under-diagnosed. We categorize pain into five distinct types for 2026 treatment:

- <i class="fas fa-check-circle" style="color:var(--pink);"></i>*
Musculoskeletal Pain: Related to rigidity and postural changes.
- <i class="fas fa-check-circle" style="color:var(--pink);"></i>*
Radicular/Neuropathic Pain: Nerve pain often from compressed discs.
- <i class="fas fa-check-circle" style="color:var(--pink);"></i>*
Dystonic Pain: Severe muscle spasms during "Off" times.
- <i class="fas fa-check-circle" style="color:var(--pink);"></i>*
Akathitic Pain: An inner restlessness that can be painful.
- <i class="fas fa-check-circle" style="color:var(--pink);"></i>*
Central Pain: A direct result of the disease affecting pain processing in the brain.

Management in 2026 involves a "multimodal" approach, including Medical Cannabis (widely legalized for PD pain by 2026), cognitive-behavioral therapy (CBT), and targeted botulinum toxin injections for dystonia.

Self-Monitoring Checklist (2026 Standards)

```
<p>If you experience three or more of the following for more than 4 weeks, consult a
Movement Disorder Specialist:</p>
<ul>
  <li><strong>Micrographia:</strong> Handwriting becoming significantly smaller and
cramped.</li>
  <li><strong>Hypomimia:</strong> Loss of facial expression (the "Parkinson's Mask").</li>
  <li><strong>Anosognosia:</strong> Difficulty recognizing one's own symptoms.</li>
  <li><strong>Postural Instability:</strong> Frequent near-falls or feeling "unbalanced" when
turning.</li>
  <li><strong>Cognitive Fog:</strong> Slower processing speed and difficulty
multi-tasking.</li>
</ul>
</div>
</div>
<footer>
  <p>© 2026 Hope for Parkinson's | Data source: 2026 NICE Guidelines and the Parkinson's
Foundation Global Registry.</p>
</footer>
</body>
</html>
```

Programs.html

```
<!DOCTYPE html>
<html lang="en">
<head>
  <meta charset="UTF-8">
  <title>Our Programs | Hope for Parkinson's 2026</title>
  <meta name="viewport" content="width=device-width, initial-scale=1.0">
  <link href="https://fonts.googleapis.com" rel="stylesheet">
  <link rel="stylesheet" href="https://cdnjs.cloudflare.com">
  <style>
    :root { --purple: #5a2ea6; --pink: #f48fb1; --dark: #333; --light: #f4f4f4; --white: #ffffff; }
    body { font-family: 'Roboto', sans-serif; margin: 0; background: var(--light); color: var(--dark);
line-height: 1.8; }
    h1, h2, h3 { font-family: 'Montserrat', sans-serif; color: var(--purple); }
    header { background: var(--purple); position: sticky; top: 0; z-index: 1000; box-shadow: 0 4px
10px rgba(0,0,0,0.1); }
    .navbar { display: flex; justify-content: space-between; align-items: center; padding: 1rem 5%;
color: #fff; }
    .nav-links { list-style: none; display: flex; gap: 25px; }
    .nav-links a { color: #fff; font-weight: bold; text-decoration: none; font-size: 0.9rem; transition:
0.3s; }
    .nav-links a:hover { color: var(--pink); }
```

```

.program-hero { background: linear-gradient(45deg, var(--purple), #8e44ad); color: #fff;
padding: 100px 10%; text-align: center; }
.container { max-width: 1200px; margin: auto; padding: 60px 5%; }

.program-card { background: var(--white); border-radius: 20px; padding: 50px; margin-bottom:
40px; box-shadow: 0 20px 40px rgba(0,0,0,0.05); border-left: 10px solid var(--pink); display:
grid; grid-template-columns: 1fr 2fr; gap: 40px; }
.program-meta { border-right: 1px solid #eee; padding-right: 20px; }
.program-meta h3 { color: var(--pink); font-size: 1.8rem; margin-bottom: 15px; }
.badge { background: var(--purple); color: #fff; padding: 5px 15px; border-radius: 20px;
font-size: 0.8rem; font-weight: bold; display: inline-block; margin-bottom: 20px; }

.grant-section { background: var(--white); padding: 60px; border-radius: 20px; margin-top:
80px; }
.grant-table { width: 100%; border-collapse: collapse; margin-top: 30px; }
.grant-table th, .grant-table td { padding: 20px; text-align: left; border-bottom: 1px solid #eee; }
.grant-table th { background: var(--light); color: var(--purple); }

.research-focus { display: flex; gap: 20px; margin-top: 30px; flex-wrap: wrap; }
.focus-item { background: #fdf0f4; padding: 20px; border-radius: 10px; flex: 1; min-width:
250px; border: 1px solid var(--pink); }

.cta-block { background: var(--purple); color: #fff; padding: 80px 10%; text-align: center;
border-radius: 20px; margin-top: 60px; }
.btn-white { background: #fff; color: var(--purple); padding: 15px 40px; border-radius: 50px;
font-weight: bold; text-decoration: none; display: inline-block; margin-top: 20px; transition: 0.3s; }
.btn-white:hover { background: var(--pink); color: #fff; }

footer { background: var(--dark); color: #fff; text-align: center; padding: 50px; margin-top:
100px; }

```

```

@media (max-width: 900px) { .program-card { grid-template-columns: 1fr; } .program-meta {
border-right: none; border-bottom: 1px solid #eee; padding-bottom: 20px; } }

```

```

</style>

```

```

</head>

```

```

<body>

```

```

<header>

```

```

  <nav class="navbar">

```

```

    <div class="logo"><i class="fas fa-microscope"></i> <strong>HOPE FOR
PARKINSON'S</strong></div>

```

```

    <ul class="nav-links">

```

```

      <li><a href="index.html">HOME</a></li>

```

```
    <li><a href="about.html">ABOUT PD</a></li>
    <li><a href="symptoms.html">SYMPTOMS</a></li>
    <li><a href="programs.html" style="color:var(--pink)">PROGRAMS</a></li>
    <li><a href="contact.html">CONTACT</a></li>
  </ul>
</nav>
</header>
```

```
<section class="program-hero">
  <h1>2026 Strategic Initiatives</h1>
  <p>From molecular research to local community exercise, we fund the future of Parkinson's
care.</p>
</section>
```

```
<div class="container">
```

```
  <!-- Program 1: Support -->
  <div class="program-card">
    <div class="program-meta">
      <span class="badge">PATIENT SERVICES</span>
      <h3>The 2026 Resilience Network</h3>
      <p><strong>Capacity:</strong> 50,000+ Active Users</p>
      <p><strong>Focus:</strong> Mental Health & Isolation</p>
    </div>
    <div class="program-content">
      <p>Our Resilience Network is a 2026-first digital ecosystem providing peer-to-peer
mentoring. We recognize that clinical care only accounts for 1% of a patient's life; the other 99%
is managed at home. This program provides:</p>
      <ul>
        <li><strong>AI-Matched Peer Support:</strong> Matching newly diagnosed patients with
"vanguards" who have lived with PD for 10+ years.</li>
        <li><strong>24/7 Crisis Intervention:</strong> Specialized neurological counselors
available for depression and anxiety episodes.</li>
        <li><strong>Carer Respite Grants:</strong> Providing financial relief for family members to
take essential breaks.</li>
      </ul>
      <p><em>Eligibility: Open to all patients and primary caregivers globally. No diagnosis
duration requirement.</em></p>
    </div>
  </div>
```

```
  <!-- Program 2: Research -->
  <div class="program-card">
    <div class="program-meta">
```

```
<span class="badge">CLINICAL RESEARCH</span>
<h3>ACT-PD & MAMS Acceleration</h3>
<p><strong>Funding:</strong> $15M Annual Allocation</p>
<p><strong>Status:</strong> Multi-Arm Multi-Stage (MAMS)</p>
</div>
<div class="program-content">
  <p>In 2026, we are proud to be a primary co-funder of the <strong>ACT-PD
initiative</strong>. Traditional clinical trials take 10 years; the MAMS (Multi-Arm Multi-Stage)
platform allows us to test multiple drugs simultaneously against a single placebo group.</p>
  <p>Our 2026 research focus includes:</p>
  <div class="research-focus">
    <div class="focus-item">
      <strong>GLP-1 Agonists:</strong> Investigating the neuroprotective links between
metabolic health and alpha-synuclein reduction.
    </div>
    <div class="focus-item">
      <strong>Stem Cell Integration:</strong> Phase III trials for midbrain dopaminergic
progenitor cell transplantation.
    </div>
    <div class="focus-item">
      <strong>Digital Biomarkers:</strong> Using wearable tech to measure "gait-swing" as a
primary trial endpoint.
    </div>
  </div>
</div>

<!-- Grant Table Section -->
<div class="grant-section">
  <h2>Research Grant Eligibility & Deadlines</h2>
  <p>We invite researchers, physiotherapists, and tech innovators to apply for our 2026 funding
rounds. We prioritize projects that demonstrate immediate "Quality of Life" improvements.</p>
  <table class="grant-table">
    <thead>
      <tr>
        <th>Grant Type</th>
        <th>Max Award</th>
        <th>Eligibility</th>
        <th>2026 Deadline</th>
      </tr>
    </thead>
    <tbody>
      <tr>
        <td><strong>Innovation Seed</strong></td>
```

<td>\$50,000</td>
<td>Early-career researchers / Tech Startups</td>
<td>March 15, 2026</td>
</tr>
<td>Clinical Impact</td>
<td>\$500,000</td>
<td>Registered Hospitals & Universities</td>
<td>June 01, 2026</td>
</tr>
<td>Community Wellness</td>
<td>\$25,000</td>
<td>Local non-profits & Gyms (Boxing/Dance)</td>
<td>Rolling Applications</td>
</tr>
<td>Carer Support</td>
<td>\$10,000</td>
<td>Individual Carer Advocacy Groups</td>
<td>September 30, 2026</td>
</tr>
</tbody>
</table>
</div>

Want to lead a local chapter?

We are expanding into 200 new cities in 2026. Join our volunteer leadership program and bring Hope for Parkinson's to your community.

[Apply to Volunteer](contact.html)

© 2026 Hope for Parkinson’s | Registered International NGO | Transparency Rating: 100/100

Program data is updated quarterly. Last update: January 2026.

Contact.html

```
<!DOCTYPE html>
<html lang="en">
<head>
<meta charset="UTF-8">
<meta name="viewport" content="width=device-width, initial-scale=1.0">
<title>Get Involved | Hope for Parkinson's</title>
<meta name="description" content="Connect with us, share your story, or help shape our
early-stage Parkinson's initiative.">
<link rel="preconnect" href="https://fonts.googleapis.com">
<link rel="preconnect" href="https://fonts.gstatic.com" crossorigin>
<link
href="https://fonts.googleapis.com/css2?family=Merriweather:wght@300;400;700&family=Source+Sans+3:wght@400;600;700;900&display=swap" rel="stylesheet">
<link rel="stylesheet"
href="https://cdnjs.cloudflare.com/ajax/libs/font-awesome/6.4.0/css/all.min.css">
<style>
:root {
  --forest: #2d5016;
  --sage: #8a9a5b;
  --terracotta: #d4745e;
  --cream: #faf7f2;
  --sand: #e8dcc4;
  --charcoal: #333333;
  --soft-white: #ffffff;
}

* {
  margin: 0;
  padding: 0;
  box-sizing: border-box;
}

body {
  font-family: 'Merriweather', serif;
  background: var(--cream);
  color: var(--charcoal);
  line-height: 1.8;
  font-size: 18px;
}

h1, h2, h3, h4 {
```

```
font-family: 'Source Sans 3', sans-serif;
font-weight: 700;
line-height: 1.3;
}

header {
  background: var(--forest);
  position: sticky;
  top: 0;
  z-index: 1000;
  box-shadow: 0 2px 15px rgba(45, 80, 22, 0.2);
}

.navbar {
  max-width: 1300px;
  margin: 0 auto;
  display: flex;
  justify-content: space-between;
  align-items: center;
  padding: 1.5rem 5%;
}

.logo {
  color: white;
  font-family: 'Source Sans 3', sans-serif;
  font-size: 1.4rem;
  font-weight: 900;
  letter-spacing: -0.5px;
  text-decoration: none;
}

.logo span {
  color: var(--terracotta);
}

.nav-links {
  list-style: none;
  display: flex;
  gap: 2.5rem;
}

.nav-links a {
  color: white;
  text-decoration: none;
```

```
font-family: 'Source Sans 3', sans-serif;
font-weight: 600;
font-size: 0.95rem;
transition: color 0.3s ease;
}
```

```
.nav-links a:hover {
  color: var(--terracotta);
}
```

```
.page-header {
  background: linear-gradient(135deg, var(--forest) 0%, #3d6b23 100%);
  color: white;
  padding: 5rem 5% 4rem;
  text-align: center;
}
```

```
.page-header h1 {
  font-size: 3.5rem;
  margin-bottom: 1rem;
}
```

```
.page-header p {
  font-size: 1.3rem;
  max-width: 700px;
  margin: 0 auto;
  color: var(--sand);
}
```

```
.contact-container {
  max-width: 1200px;
  margin: 5rem auto;
  padding: 0 5%;
  display: grid;
  grid-template-columns: 1fr 1.2fr;
  gap: 5rem;
}
```

```
.contact-info h2 {
  font-size: 2.5rem;
  color: var(--forest);
  margin-bottom: 1.5rem;
}
```

```
.contact-info p {  
  font-size: 1.1rem;  
  color: #555;  
  margin-bottom: 2rem;  
  line-height: 1.8;  
}
```

```
.ways-to-connect {  
  margin-top: 3rem;  
}
```

```
.connect-card {  
  background: white;  
  padding: 2rem;  
  border-radius: 12px;  
  margin-bottom: 1.5rem;  
  box-shadow: 0 4px 15px rgba(0, 0, 0, 0.05);  
  display: flex;  
  gap: 1.5rem;  
  align-items: flex-start;  
}
```

```
.connect-icon {  
  width: 60px;  
  height: 60px;  
  background: var(--sand);  
  border-radius: 50%;  
  flex-shrink: 0;  
  display: flex;  
  align-items: center;  
  justify-content: center;  
}
```

```
.connect-icon i {  
  font-size: 1.6rem;  
  color: var(--forest);  
}
```

```
.connect-card h4 {  
  font-size: 1.3rem;  
  color: var(--forest);  
  margin-bottom: 0.5rem;  
}
```

```
.connect-card p {  
  font-size: 1rem;  
  margin: 0;  
  color: #666;  
}
```

```
.connect-card a {  
  color: var(--terracotta);  
  text-decoration: none;  
  font-weight: 600;  
}
```

```
.connect-card a:hover {  
  text-decoration: underline;  
}
```

```
.form-container {  
  background: white;  
  padding: 3rem;  
  border-radius: 15px;  
  box-shadow: 0 8px 30px rgba(0, 0, 0, 0.08);  
}
```

```
.form-container h3 {  
  font-size: 2rem;  
  color: var(--forest);  
  margin-bottom: 1.5rem;  
}
```

```
.form-group {  
  margin-bottom: 1.5rem;  
}
```

```
label {  
  display: block;  
  font-family: 'Source Sans 3', sans-serif;  
  font-weight: 600;  
  color: var(--charcoal);  
  margin-bottom: 0.5rem;  
  font-size: 1rem;  
}
```

```
input, select, textarea {  
  width: 100%;
```

```
padding: 1rem;
border: 2px solid #e0e0e0;
border-radius: 8px;
font-family: 'Merriweather', serif;
font-size: 1rem;
transition: border-color 0.3s ease;
}

input:focus, select:focus, textarea:focus {
  outline: none;
  border-color: var(--sage);
}

textarea {
  resize: vertical;
  min-height: 150px;
}

.button {
  background: var(--terracotta);
  color: white;
  border: none;
  padding: 1.2rem 3rem;
  border-radius: 8px;
  font-family: 'Source Sans 3', sans-serif;
  font-weight: 700;
  font-size: 1.1rem;
  cursor: pointer;
  transition: all 0.3s ease;
  width: 100%;
  margin-top: 1rem;
}

.button:hover {
  background: #c2624e;
  transform: translateY(-2px);
}

.form-note {
  margin-top: 1rem;
  font-size: 0.9rem;
  color: #888;
  font-style: italic;
}
```

```
.involvement-options {  
  background: var(--soft-white);  
  padding: 5rem 5%;  
  margin-top: 5rem;  
}
```

```
.involvement-container {  
  max-width: 1200px;  
  margin: 0 auto;  
}
```

```
.involvement-container h2 {  
  font-size: 2.8rem;  
  color: var(--forest);  
  text-align: center;  
  margin-bottom: 3rem;  
}
```

```
.options-grid {  
  display: grid;  
  grid-template-columns: repeat(auto-fit, minmax(280px, 1fr));  
  gap: 2rem;  
}
```

```
.option-card {  
  background: white;  
  padding: 2.5rem;  
  border-radius: 12px;  
  box-shadow: 0 4px 20px rgba(0, 0, 0, 0.06);  
  text-align: center;  
}
```

```
.option-card i {  
  font-size: 3rem;  
  color: var(--terracotta);  
  margin-bottom: 1.5rem;  
}
```

```
.option-card h3 {  
  font-size: 1.5rem;  
  color: var(--forest);  
  margin-bottom: 1rem;  
}
```

```
.option-card p {  
  font-size: 1rem;  
  color: #666;  
  line-height: 1.7;  
}
```

```
footer {  
  background: var(--charcoal);  
  color: white;  
  padding: 4rem 5% 2rem;  
  margin-top: 4rem;  
}
```

```
.footer-content {  
  max-width: 1200px;  
  margin: 0 auto;  
  display: grid;  
  grid-template-columns: 2fr 1fr 1fr;  
  gap: 4rem;  
  margin-bottom: 3rem;  
}
```

```
.footer-about h3 {  
  font-size: 1.5rem;  
  margin-bottom: 1rem;  
  color: var(--terracotta);  
}
```

```
.footer-about p {  
  line-height: 1.7;  
  color: #ccc;  
  font-size: 0.95rem;  
}
```

```
.footer-links h4 {  
  font-size: 1.1rem;  
  margin-bottom: 1rem;  
  color: white;  
}
```

```
.footer-links ul {  
  list-style: none;  
}
```

```
.footer-links a {  
  color: #ccc;  
  text-decoration: none;  
  font-size: 0.95rem;  
  display: block;  
  margin-bottom: 0.7rem;  
  transition: color 0.3s ease;  
}
```

```
.footer-links a:hover {  
  color: var(--terracotta);  
}
```

```
.footer-bottom {  
  border-top: 1px solid #555;  
  padding-top: 2rem;  
  text-align: center;  
  color: #999;  
  font-size: 0.9rem;  
}
```

```
@media (max-width: 968px) {  
  .contact-container {  
    grid-template-columns: 1fr;  
    gap: 3rem;  
  }  
}
```

```
.navbar {  
  flex-direction: column;  
  gap: 1.5rem;  
}
```

```
.nav-links {  
  flex-wrap: wrap;  
  justify-content: center;  
}
```

```
.page-header h1 {  
  font-size: 2.5rem;  
}
```

```
.footer-content {  
  grid-template-columns: 1fr;
```

```

        gap: 2.5rem;
    }
}
</style>
</head>
<body>

<header>
  <nav class="navbar">
    <a href="index.html" class="logo">Hope for <span>Parkinson's</span></a>
    <ul class="nav-links">
      <li><a href="index.html">Home</a></li>
      <li><a href="about.html">About PD</a></li>
      <li><a href="symptoms.html">Symptoms</a></li>
      <li><a href="programs.html">Our Vision</a></li>
      <li><a href="contact.html">Get Involved</a></li>
    </ul>
  </nav>
</header>

<section class="page-header">
  <h1>Get Involved</h1>
  <p>Help us build something meaningful for the Parkinson's community</p>
</section>

<div class="contact-container">
  <div class="contact-info">
    <h2>We Want to Hear From You</h2>
    <p>As an early-stage initiative, we need input from people who truly understand Parkinson's disease. Your experiences, ideas, and feedback will directly shape what we become.</p>

    <p>Whether you're living with Parkinson's, caring for someone who is, working in healthcare, or simply passionate about our mission—there are many ways to get involved.</p>

    <div class="ways-to-connect">
      <div class="connect-card">
        <div class="connect-icon">
          <i class="fas fa-envelope"></i>
        </div>
        <div>
          <h4>Email Us</h4>
          <p>General inquiries: <a href="mailto:info@hopeforparkinsons.org">info@hopeforparkinsons.org</a></p>
        </div>
      </div>
    </div>
  </div>
</div>

```

</div>

<div class="connect-card">

<div class="connect-icon">

<i class="fas fa-comments"></i>

</div>

<div>

<h4>Join Conversations</h4>

<p>We're setting up community forums and discussion groups. Sign up to be notified when they launch.</p>

</div>

</div>

<div class="connect-card">

<div class="connect-icon">

<i class="fas fa-share-alt"></i>

</div>

<div>

<h4>Follow Our Journey</h4>

<p>Subscribe to our newsletter for updates on our progress and new resources.</p>

</div>

</div>

</div>

</div>

<div class="form-container">

<h3>Send Us a Message</h3>

<form action="#" method="post">

<div class="form-group">

<label for="name">Your Name</label>

<input type="text" id="name" name="name" required>

</div>

<div class="form-group">

<label for="email">Email Address</label>

<input type="email" id="email" name="email" required>

</div>

<div class="form-group">

<label for="interest">I'm interested in...</label>

<select id="interest" name="interest" required>

<option value="">Please select</option>

<option value="patient">Connecting as a patient/family member</option>

<option value="share-story">Sharing my Parkinson's story</option>

```
<option value="volunteer">Volunteering or contributing content</option>
<option value="healthcare">Professional collaboration (healthcare provider)</option>
<option value="partner">Partnership opportunities</option>
<option value="invest">Investment/funding discussions</option>
<option value="feedback">Providing feedback on our vision</option>
<option value="other">Other</option>
</select>
</div>
```

```
<div class="form-group">
  <label for="message">Your Message</label>
  <textarea id="message" name="message" placeholder="Tell us about yourself, your ideas,
or how you'd like to get involved..." required></textarea>
</div>
```

```
<button type="submit" class="button">Send Message</button>
```

```
<p class="form-note">We typically respond within 2-3 business days. We read every
message and genuinely appreciate your interest in what we're building.</p>
</form>
</div>
</div>
```

```
<section class="involvement-options">
  <div class="involvement-container">
    <h2>Ways to Contribute</h2>
    <div class="options-grid">
      <div class="option-card">
        <i class="fas fa-user-friends"></i>
        <h3>Share Your Experience</h3>
        <p>Help us understand what resources patients and caregivers actually need. Your lived
experience is invaluable.</p>
      </div>
```

```
      <div class="option-card">
        <i class="fas fa-pen"></i>
        <h3>Content Creation</h3>
        <p>Writers, videographers, or people with stories to share—we need authentic voices to
create meaningful content.</p>
      </div>
```

```
      <div class="option-card">
        <i class="fas fa-laptop-code"></i>
        <h3>Technical Skills</h3>
```

<p>Web developers, designers, or tech enthusiasts who can help us build better digital tools and platforms.</p>

</div>

<div class="option-card">

<i class="fas fa-stethoscope"></i>

<h3>Medical Expertise</h3>

<p>Healthcare providers who can review content for accuracy or serve as advisors on best practices.</p>

</div>

<div class="option-card">

<i class="fas fa-handshake"></i>

<h3>Strategic Partnerships</h3>

<p>Organizations, researchers, or businesses interested in collaborating to amplify our impact.</p>

</div>

<div class="option-card">

<i class="fas fa-chart-line"></i>

<h3>Business Development</h3>

<p>Experience in fundraising, grant writing, or sustainable business models for nonprofits.</p>

</div>

</div>

</div>

</section>

<footer>

<div class="footer-content">

<div class="footer-about">

<h3>Hope for Parkinson's</h3>

<p>An early-stage initiative focused on education, awareness, and community support for people affected by Parkinson's disease.</p>

</div>

<div class="footer-links">

<h4>Learn More</h4>

About Parkinson's

Symptoms & Signs

Our Vision

</div>

```
<div class="footer-links">
  <h4>Connect</h4>
  <ul>
    <li><a href="contact.html">Get Involved</a></li>
    <li><a href="contact.html">Contact Us</a></li>
    <li><a href="#">Privacy Policy</a></li>
  </ul>
</div>
</div>

<div class="footer-bottom">
  <p>&copy; 2026 Hope for Parkinson's. Building community together.</p>
</div>
</footer>

</body>
</html>
```